

Watermelon Slushy



3-4 servings



5 minutes



INGREDIENTS

- 5 c cubed watermelon
frozen
- 1/2 c lime juice
- 1/4 c water

DIRECTIONS

1. Cut up watermelon and place in freezer for 2-4 hours
2. Place watermelon and lime juice in a blender or food processor and combine
3. Add water if necessary to create slushy consistency.

HEALTH NOTE

Watermelon is a great source of electrolytes and good for hydration! It also contains antioxidants and vitamin A.