

Thank you for visiting our website! We hope you enjoy this Thanksgiving-inspired download and have as much fun using it as we did creating it. Wishing you and your family a wonderful Thanksgiving filled with joy, gratitude, and togetherness. Happy Thanksgiving!

Disclaimer: These movement activities are designed for fun and gentle physical exercise. Please ensure adequate space to move safely and avoid obstacles. Always encourage children to move within their comfort level, and if they feel any discomfort, they should stop the activity. Supervision is recommended to ensure safe play. Not intended as a substitute for professional fitness or health guidance.

Have child color the turkey if desired! Cut out the turkey (does not need to be an exact outline) and glue or tape to a popsicle stick or pencil. Have the child hold the turkey in one hand outstretched in front of them and move in a figure 8 motion. They can switch hands or do a reverse figure 8 as well! (Best printed on thicker paper.)

