

Thank you for visiting our website! We hope you enjoy this Holiday-inspired download and have as much fun using it as we did creating it. Wishing you and your family a wonderful Holiday season filled with joy, gratitude, and togetherness.

Disclaimer: These movement activities are designed for fun and gentle physical exercise. Please ensure adequate space to move safely and avoid obstacles. Always encourage children to move within their comfort level, and if they feel any discomfort, they should stop the activity. Supervision is recommended to ensure safe play. Not intended as a substitute for professional fitness or health guidance.



Christmas Dice Game

Roll the dice and perform activity of the number you get.



Sing the first line of a favorite Christmas carol.





Crawl or tiptoe across the room like Santa sneaking presents under the tree.





Hop like a reindeer across the room and back.





Spin around slowly like a snowflake falling to the ground.





Give your best "Ho, Ho, Ho" impression.





Roll like a snowman

